



Nationally Accredited Mental Health & Substance Abuse Treatment Center

WHAT WE TREAT

We offer Residential and PHP programs designed to specifically treat each individual suffering from mental health or substance dependence disorders, including:

- Primary Mental Health
- Anxiety Disorders / Depression
- Dual Diagnosis
- PTSD & Trauma
- Bipolar Disorder
- Borderline Personality Disorder
- Substance Abuse
- Eating Disorders

ABOUT OUR FACILITY

Transformations at Mending Fences is a nationally accredited and licensed mental health and addiction treatment center. We've treated adults 18 years of age and older who are suffering from primary mental health, substance abuse and co-occurring disorders for over a decade, setting them on the path to recovery.

Our location is on 400+ acres in beautiful northern Florida and we offer **24 residential queen beds** as well as **12 partial hospitalization queen beds in private rooms**. We also have an outdoor area with a fire pit for chilly nights and fellowship, as well as large group rooms and a state-of-the-art fitness center.

THERAPIES

Therapy isn't a one-size-fits-all approach, so at Mending Fences we offer a variety of traditional and experiential therapy options including:

- Eye Movement Desensitization and Reprocessing (EMDR)
- Cognitive Behavioral Therapy (CBT)
- Medication-Assisted Treatment (MAT)
- Anxiety management
- Equine Experience
- PTSD & Trauma therapy
- Art & Adventure therapy

TREATING TRAUMA

Our licensed clinicians focus on supporting clients in processing traumatic events that have happened in their lives that continue to create obstacles and impede on their progress in longterm stability. Clients learn coping skills and are able to address their trauma in a safe space.

